



Lincoln Options Opus

*A community dedicated to
learning, kindness, and
celebration!*



April

2016 – 2017 School Year

Calendar

April

- 3-7 – Spring Break
- 11 – OCC Mtg 6:30 – 8:30 pm
- 21 – Early Release
12:32pm dismissal
- 25 – OCC Mtg 6:30 – 8:30 pm
- 26 – Walk ‘n Roll
- 28 – OCC nominations due
– Arts Walk
- 29 – Procession of the Species & samba performance

May

- 1-5 – Teacher Appreciation Week
- 5 – Early Release
12:32pm dismissal
- 9 – OCC Mtg 6:30 – 8:30 pm
- 23 – OCC Mtg 6:30 – 8:30 pm
- 27 – Plant Sale
- 29 – Memorial Day No School

Spring is here!

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JUNE 2nd,
2017
Friday

Camp Elderberry



Countdown to CAMP ELDERBERRY

Thank you to all who turned in forms and have signed up to lead activities or help in other ways at Camp Elderberry. As always, we are fine-tuning the many activities that will be offered at Camp Elderberry this year, and appreciate all your enthusiasm. Forms for Activity leading were due back Friday April 21st, but it's **not too late to sign-up to help** in other areas.

We Still Need:

- Transportation Coordinator
- Saturday Morning Cleanup Coordinator
- Potluck Crew Members
- Recycling/Garbage/Compost Coordinator
- Alumni Coordinator
- And Many More

Permission Packet

You should have already received, via Kid Mail, the large **Permission Packet**. This packet must be **completed and back to school no later than May 5th**. A lot is done with the information inside this packet, so the sooner we get it back the more prepared we are. If you lose your form, or if it never arrived via kid-mail, we will be posting them to the Options website: lincoln.osd.wednet.edu. There will also be additional copies in the office and on the Camp Elderberry Bulletin Board.

New to Lincoln?

If you are a new Lincoln family, there is information in the Call for Help packet that went home in April. Please ask another family that has been to Camp Elderberry. Lastly, check out the Camp Elderberry Bulletin Board (in the hall outside the office). There you will find many photos and maps, an overview of the day, and all the forms that have been sent home.

Please contact me anytime at 561-4154 or at jillieseke@yahoo.com.

Lincoln Plant Sale!

Saturday, May 27th

Times to be announced.

Lincoln Garden Work Party!

Save the dates!

Wednesdays

May 3 3:05 – 4:30 pm

This is a district half day. There is no pm bus transportation for Lincoln.

Weekends

April 29-30 10 – 12 pm

May 20-21 10 – 12 pm

June 10-11 10 – 12 pm





April showers bring May flowers, birds chirping, and people walking and biking to school! Come join in with a Walking School Bus in your neighborhood or start a Bike Train and invite people to join in.

We'll be kicking off Bike Month in May with apples at the bike racks for all walkers and bikers. Come visit, grab an apple, and join the School Mini Bicycle Commuter Challenge by joining Lincoln's team. **National Bike to School day will be celebrated on Wednesday, May 3rd.**

Here are the details for the April Walk N Roll day:

When: Wednesday, April 26th

Where: St. John's Church parking lot (114 20th Ave SE)

Time: Meet up at 8:20am, walk at 8:25am.

Look for Principal Marcela, members of the Olympia Police Department, and maybe even members of the Olympia Fire Department on your walk.

Walk N Roll Tip of the Month:

When biking, wear a helmet. Make sure that your helmet is level on your head. Straps around the ears should be snug, and there should only be 2 fingers of space between the chinstrap and your chin. Ask an adult to check your helmet fitting.

Walk N Roll is a program of Intercity Transit with a focus on encouraging youth to walk, bike and use transit. See you out there Walking N Rolling!

Neuro- science

By Paul Rocks, Science
Specialist



Growing dendrites by making a neuron

We've been having fun learning about the brain. We've talked about different subsystems of the brain and their functions. In this lesson we explored how we can grow new dendrites by challenging ourselves and using habits of mind.

Persistence is so important when learning new skills. The 4/5s made models of neurons using beads, the 2/3 groups used clay to make a model of the brain, and the k/1 students used pipe cleaners and beads to represent neurons.

When making neurons we looked at dendrites, the cell body, the axon, and the terminal. At one point, in every class, someone would look up and say, "Ya know, I think I'm growing dendrites by making this neuron."



Family Involvement Committee

We have been brainstorming ways to strengthen families' sense of connection and involvement with our school. Those of us who work full-time and are not able to be at school very often can feel left out of the communication that proliferates on the walls and doors of the building—flyers!

Though we all receive information via email, sometimes a picture really is worth a thousand words.



To help everyone feel part of the mix, we have created a digital bulletin board on Flickr, with images of the flyers currently posted around the school. To access it, click [here](https://www.flickr.com/photos/151459314@N04/) (or go to <https://www.flickr.com/photos/151459314@N04/>).

We are just trying out this idea and welcome your feedback. Please be assured that no images of your child or your child's name will be included.

We will also be putting up an actual bulletin board with photographs of the members of the Options Community Council (OCC), to help you connect names with faces. We hope you will reach out to these leaders and let them know what's on your mind.

-- Alice Kane, Andrea's class co-rep





Options Community Council Election

By Michael MacSems

Dear Lincoln Community –

Much of the richness of life in the Lincoln Options program can be traced back not only to our wonderful staff, but also to the parents and guardians that serve on the Options Community Council. The OCC is in many ways responsible for creating and maintaining the space where Lincoln students can thrive. The OCC helps guide policy for the Options program, supports fundraising for things that the OSD doesn't fund such as special events, the garden and the Spanish program and creates the budget for many things, both great and small.

Every year half of the officer and committee chair seats turn over for new people to share in these important tasks. Serving on the OCC will require the ability to attend evening meetings twice a month and to take some organizational business home. Serving on the OCC is a good way to provide hours to the Options program, especially if your work prevents you from being in the classroom consistently. Serving on the OCC is also a great way to meet other members of the Lincoln community and to find out what's going on.

Interested persons can self-nominate or nominate others. If more than one person seeks a position there will be a school wide mail-in election for that position (it is also possible for two people to co-chair a committee or share an officer position).

Terms are for two years.

The open OCC positions for 2017-18 and 2018-19 up for election are:

- Vice President
- Secretary
- Social and Appreciation Chair
- Fundraising Chair
- Enrollment and Outreach Chair
- Early Release Chair
- Camp Elderberry Chair

People considering volunteering to serve on the OCC should familiarize themselves with The Options Program Handbook, which includes descriptions of the duties of the positions listed above. <http://www.lincolnoptions.org/community-council/>

If interested, please nominate yourself (or another person that you feel would be up for this) by **April 28th**, by completing a nomination form in a specially marked box in the office or by e-mailing the requested info on the form to Michael MacSems at micalcedar@aol.com.

If multiple persons seek a single position, a mail-in election will occur, ending on May 26th. New OCC members will be seated at the June 13th meeting.



Lincoln Options Opus

April 2017

It's our Opus

Send items to Sarah
Clifhorne at
opuseditor@gmail.com by the
15th of each month for next
month's issue.

